

Shape your future (a lesson plan) Goals in purple

Video of the lesson plan (7minutes): <https://www.youtube.com/watch?v=U22217EURYE&feature=youtu.be>

Assessing the personal level of expertise in a vocational school class with career-counseling

Central idea

What profession is the right one for you?

The goal is to leave the comfort zone and try something new.

Final behavior	Condition	Scale
Rethink the choice of your profession	With tests	Shape your future education/job
Aware of self-/external perception	With test/Discussion	Shape self-awareness
Enlarge personal toolbox	With digital tools	Learn answergarden.ch, kahoot.it, spark.adobe.com, excel spider, linkedin.com, padlet.com
CV, cover letter ready for application	With templates	Create a CV and a cover letter
Expand your presentation skills	With practice	Presentations / Assessment

Warm-up

Class discussion: Why should you plan your future?

Discuss each result in class (advantage/disadvantage)

Discuss the sentence "There is no elevator to success. You must take the stairs"

Work & Happiness Become aware what makes you happy

Watch the movie, Shawn Achor: Linking Happiness and success

https://www.ted.com/talks/shawn_achor_the_happy_secret_to_better_work?language=de

Enter keywords in <https://answergarden.ch/create/> Enter the question: "What makes you happy" Give the URL to the students

Personal situation Reflection of the professional career so far and future wishes

Answer the questions in a Kahoot <https://play.kahoot.it/#/?quizId=332d06f7-cfd-4813-b6c6-3c09f13e4021>

Transcript of Kahoot

My future job

- *Somebody will come and offer me a job*
- *I wait and see what the future brings*
- *I get as much information as I can now*
- *I take action after the exams*

In retrospect my career choice was

- *What my friends and family thought*
- *Perfect*
- *Totally wrong*
- *I had no choice*

In retrospect, my education was professional

- *only technical competence*
- *only relationship*

- *technical competence and relationship*
- *I survived*

In the last few years I have personally developed

- *Yes, I improved my professional skills*
- *I just worked*
- *Yes, I improved my personal skills*
- *I developed my personal and professional skills*

Where would I like to be in 10 years is

- *Clear to me*
- *Not important*

Will you stay in your profession or change?

- *Stay*
- *Change*

Test yourself

This free career test can give you insight into your career personality <https://www.123test.com/career-test/>

Chargeable https://www.laufbahn-portfolio-berufstaetige.ch/documents/praesentation_online_stao_BT.pdf

Presentation with collaborative software the class enriches their knowledge of possible professions/presentation skills

Present one possible profession with PechaKucha (6 pictures each 30 seconds each) <http://www.pechakucha.org/>

Six slides: slides: Title/present job/ sunnyside 🤖 /drawbacks 😞 /justify interest/show education <https://spark.adobe.com>

Self-perception and perception by others Compare if self-perception fits external perception

Print the paper twice. Let the external image be filled by somebody who knows you very well.

Self-perception	--	-	0	+	++
Honest					
Sincere					
Understanding					
Loyal					
Truthful					
Trustworthy					
Intelligent					
Dependable					
Open-Minded					
Thoughtful					
Reliable					
Mature					
Team player					
Capable of criticism					

External perception	--	-	0	+	++
Honest					
Sincere					
Understanding					
Loyal					
Truthful					
Trustworthy					
Intelligent					
Dependable					
Open-Minded					
Thoughtful					
Reliable					
Mature					
Team player					
Capable of criticism					

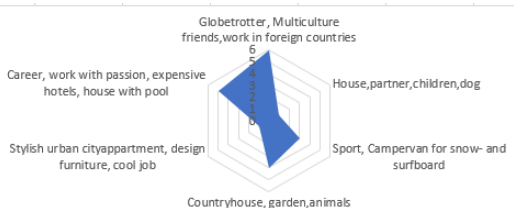
Longer list: <http://www.compatibilitycode.com/book-resources/personal-qualities-list/>

Compare the results. Are there any differences? Discuss with your partner why?

Vision network Try to make your dreams visible

Create a smart spider on Excel

	A	B
1	Vision network (distribute 20 points)	
2	Globetrotter, Multiculture friends,work in foreign countries	6
3	House,partner,children,dog	1
4	Sport, Campervan for snow- and surfboard	3
5	Countryhouse, garden,animals	4
6	Stylish urban cityapartment, design furniture, cool job	1
7	Career, work with passion, expensive hotels, house with pool	5



Discuss in groups with people with similar results.

Then discuss the result in mixed groups. Where do the differences come from?

Composition: My dream Deepen your thoughts and get further input from your colleagues

If I don't have to consider anyone/anything else, what would my profession be?

Which hobby could become my profession? What would I do? How would I live if I pursued my dream?

Let your colleagues write comments about the composition and add ideas.

My future plans Get some inspiration what the future could be

How Industry 4.0 Will Change Your Job

Get ready: The Internet of Things is supposed to disrupt your career. Rejecting new workplace technology has a long history. In other words, Industry 4.0 isn't about the destruction of the previous eras. It is about adapting previous tools, infrastructure and skills to take full advantage of the Internet of Things. The question shouldn't be what will be lost when we enter Industry 4.0 as there is little to be gained from lamenting the inevitable. Instead, we should be asking how we can upgrade what we already have in both, staff skills and manufacturing processes, to make the most of our newly connected world. While no one knows what the employment landscape will look like in a decade, our ability to drive and track productivity will almost certainly advance by leaps and bounds. There's the reason why everybody should start preparing now for his job in the future. There will be many jobs which do not exist today. So, prepare well and be flexible and well-educated. Is Elon Musk your role model? Quelle: <http://www.ioti.com/industrial-iot-iiot/how-industry-40-will-change-your-job>

The future we're building | Elon Musk <https://www.youtube.com/watch?v=zlwLWfaAg-8>

	Rather yes	Rather no
Continue working for my company		
Stay in my profession and improve my knowledge		
Work or attend language school in a foreign country		
Specialization in my professional field		
Pass exam(Berufsmatura); prepare to study at a college (Fachhochschule)		
Do a second apprenticeship in another profession; Way-up		
Get leadership experience		
Working towards creating my own company		
Have more time for my hobby, my hobby will be my profession		
Temporary work / decide spontaneously		
Get new experience in the military		
Attend further education or specialist courses		
Do voluntary work for people in poverty or refugees		

The three most important plans

1. -----
2. -----
3. -----

Create and fill in an action table Get in action and start to realize your wishes

	My goals	My steps
Short term	e.g. further education course	e.g. high performance in job
Medium term	e.g. managing job	e.g. start saving money
Long term	e.g. own company	e.g. attend startup course

Pitch (normally used for start-ups not persons) Share your ideas with your colleagues, inspire them and get feedback

What actions are necessary to ensure my professional satisfaction in ten years? Present your plans to your colleagues. Let them afterwards chat about your ideas only listening.

CV and cover letter Prepare job application and network

Describe your personal profile (3 strengths, one weakness) Write a CV and a cover letter (search templates online), be creative and inspired. Save the word document as a pdf-format.

6 Creative Cover Letters <http://mashable.com/2014/01/01/creative-cover-letters/#b0gTMK3cqOqQ>

Creative CV <http://www.lebenslaufgestalten.de/kreativer-lebenslauf-vorlage/>

L1B L2B L3B

Nowadays, only few jobs you can find publicly. Instead, the future trend is that jobs will find you. i.e. Xing., LinkedIn

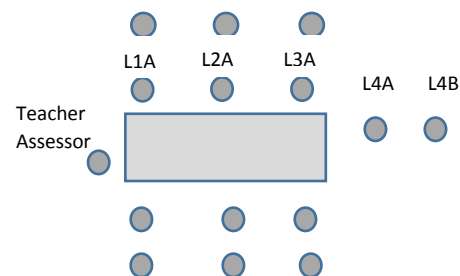
Create a profile on <https://www.linkedin.com> **And start networking for your career**

Assessment Prepare for job interview

Think about, what is the best way to sell yourself during an interview.

<https://www.youtube.com/watch?v=S1ucmfPOBV8> Interview; Dos and Don'ts

<https://youtu.be/7R66yIqWAgE> "The interviewer" How did he do it in the movie?



Each student finds a suitable job ad. The teacher chooses one in which many skills are requested. Students can prepare themselves for a job interview by conducting research online. The students work in pairs (A/B). One is sitting at a big table with the teacher, the other one a bit away and is observing.

The teacher starts the assessment by asking typical job interview questions to all the A.

- Why would you like to leave your company?
- What do you know about our company?
- Why should we hire YOU? What can you do for us that someone else can not?
- How much money do you expect if we offer this position to you?
- Have you ever had problems with a supervisor or a coworker? ... Describe the situation.
- Describe a decision you made that was unpopular and how you handled implementing it.
- Give me an example of a problem you faced on the job, and tell me how you solved it.
- What's your biggest weakness? Give some examples of areas where you need to improve.
- Share an example of how you've been able to motivate employees or co-workers.

All students can answer. Tell them ahead to show their motivation without showing off. After a while the observer gives feedback about the behavior of his pair. Than the observers vote which student they would give the job and why. Afterwards the teacher takes another job ad and the roles change. He will then ask all the B students.

Learnings Reflection of the lessons

What have you learned for your professional future? Write your thoughts on the electronic pin board.

<https://padlet.com/> and share your reflections with your class

Support: <https://www.projuventute.ch/MyFutureJob.3340.0.html>